GROUNDBREAKING FOR NEW QUINHAGAK CLINIC.
Story on page 11.

Top photo, Left to right: Board Member Darren Cleveland, President & CEO Dan Winkleman, Village Services and Workforce Development VP Rahnia Boyer, Board Member Adolf Lewis, Support Services VP Deanna Latham, Jeryl Kelly, Dora Strunk, CHAP Director Asela Calhoun, and Elizabeth Church.

Below: The current health clinic is located within the Quinagak Community Building.
RESOURCES
YKHC main switchboard.......................... 543-6000
Toll Free ........................................... 1-800-478-3321

APPOINTMENTS
Outpatient Clinics ................................. 543-6442
Dental .............................................. 543-6229
Optometry ......................................... 543-6336
Audiology .......................................... 543-6466

SUBREGIONAL CLINICS
Aniak .................................................. 675-4556
Emmonak .......................................... 949-3500
St. Mary’s ......................................... 438-3500
Toksook Bay ...................................... 427-3500
Hooper Bay ........................................ 758-3500

SERVICES
Inpatient (North Wing) ......................... 543-6330
Pharmacy Refill Line ......................... 543-6988
Toll Free ........................................... 877-543-6988
Physical Therapy ............................... 543-6342
Women’s Health ............................... 543-6296
Irnivik Birthing Center ...................... 543-6346
Behavioral Health Services ............ 543-6100
BH CRISIS RESPONSE LINE ............ 543-6499
Substance Abuse Treatment ............ 543-6730
Sobering Center ............................... 543-6830
Developmental Disabilities ............ 543-2762
Emergency Room ............................. 543-6395
Office of Environmental Health & Engineering, Injury Contro & EMS. 543-6420

ADMINISTRATION & SUPPORT
Administration ................................. 543-6020
Human Resources ............................. 543-6060
Public Relations ............................... 543-6013
Travel Management ......................... 543-6360

YKHC BOARD OF DIRECTORS

Unit 1
Mary Ayunerak
Alakanuk
Michael Hunt, Sr.
Kotlik

Unit 2
Geraldine Beans
St. Mary’s
Seat Vacant

Unit 3
Bonnie Persson
Upper Kalskag
Patricia Yaska
Chuathbaluk

Unit 4
Moses Owen
Akiak
James Nicori
Kwethluk

Unit 5
Stan Hoffman, Sr.
Bethel
Alton Alexie
Bethel
Walter Jim
Bethel
Chris Larson
Napaskiak

Unit 6
Sam Tinker Sr.
Kasigluk
Adolph Lewis
Kwigillingok

Unit 7
John Uttereyuk
Scannon Bay

Unit 8
Abraham David
Mekoryuk
James Sipary
Toksook Bay

Unit 9
Patrick Tall
Chevak

Unit 10
Darren Cleveland
Quinhagak

Unit 11
James Deacon
Grayling

Honorary Board
Member
James Charlie, Sr.
Toksook Bay

The Messenger is a monthly publication produced by the Yukon-Kuskokwim Health Corporation’s Public Relations Department as a report to Tribal Members.

For questions, comments, submission of articles, or subscription information, write to Messenger Editor, Yukon-Kuskokwim Health Corporation, P.O. Box 528, Bethel, Alaska 99559; or call 907-543-6039. E-mail: publicrelations@ykhc.org

Deadline is the 15th of the month, or the preceding Friday if the 15th is on a weekend, for publication on the first of the following month.

The Messenger is also available for download on our website at www.ykhc.org/messenger.

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This institution is an equal opportunity provider.

ATTENTION: If you speak Yup’ik, free translations services are available to you. Call 907-543-6603.
You may not know, but YKHC purchased over $20 million worth of new-state-of-the-art equipment for our new hospital. I would like to introduce you to Deanna Latham, VP of Support Services, and Jim Sweeney, VP of Hospital Services, who will highlight some of our new equipment that will improve both service and quality for you, our customer.

Sincerely,

Dan Winkelman, President & CEO.

In our laboratory, we added a Roche COBAS 6800 batch molecular analyzer. This enhances our ability to analyze COVID 19 samples quickly and on-site. Prior to obtaining this equipment, samples had to be sent to ANMC, the state or private laboratories, resulting in a delay of several days to two weeks. In addition, the analyzer is capable of processing a variety of other samples, many of which we currently have to send out for testing.

In our Diagnostic Imaging department, we purchased a new CT scanner allowing a remarkable improvement to our service compared to the old scanner. It scans faster, which allows image acquisition with less potential motion and a shorter breath hold. The new scanner has better image reconstruction quality while using 30% less radiation. Additionally, we have added new services, such as bone density testing and 3D reconstruction—and the scanner’s service capability has room to grow.

The newly renovated first floor Outpatient Surgery Department is open for business! We have expanded the number of beds in the preoperative admission and postoperative recovery bays. In addition to two new state-of-the-art operating rooms, we now have a dedicated procedure room for our endoscopy service within the department. We have also purchased brand-new endoscopy equipment, bedside monitors, laparoscopic surgery equipment, and anesthesia machines to replace older equipment.

YKHC is opening a new inpatient hospital unit for psychiatric care. The Diagnostic, Evaluation, and Treatment unit (DET) will be opening later this year. We will be able to help and treat people experiencing severe psychiatric issues, such as psychosis and suicidal ideation. This will reduce the number of people that have to be transported out of area and increase prompt treatment.

—Thanks to Jennifer Lent and Justin King

Deanna Latham, Support Services VP.

Jim Sweeney, Hospital Services VP.

Yukon-Kuskokwim Health Corporation
COVID-19 UPDATE

‘VACCINE AMBASSADORS’ TELL WHY THEY GOT THE SHOT

YKHC has spoken with people across the YK Delta to hear about their decision to get vaccinated against COVID-19.

Some we spoke to got the vaccine as soon as it was available. Others took longer to decide. Each person had different reasons for getting their shot. Although everyone had their own story, they agreed on two things: They are glad they got the vaccine and they encourage others to get vaccinated. We are sharing some of their stories here.

With just over 50 percent of the YK Delta vaccinated and the variants spreading through the region, we need to increase the number of vaccinated people in our region. You can help!

Every person who has gotten their COVID-19 vaccine can be a vaccine ambassador. Explain to loved ones why you decided to get the vaccine. Tell your story. Ask open-ended questions to find out why they have chosen not to get vaccinated yet. Listen to their concerns. Express compassion. This has been a hard time for all of us.

If you don’t know how to address their concerns, that’s ok. Suggest they check trustworthy websites or speak with their YKHC health care professional.

If they are ready to sign up, help them fill out the survey online at https://tinyurl.com/8kb9vth or call 800-478-6599 for more assistance.

Ivan M. Ivan, Akiak

“We were vaccinated right away. It’s healthy. Once we all get it, we should be ok.”

—Ivan M. Ivan, Akiak

Olga Changsak, Russian Mission

“I want to go back to normal and see everyone. The vaccine will help us do that.”

—Olga Changsak, Russian Mission

Catherine Beebe, Quinhagak

“I’m glad I got my shot. Now I’m not worried anymore.”

—Catherine Beebe, Quinhagak

“I wanted to protect my family and I wanted to protect myself.”

—Danielle Paul, Kipnuk

Ivan M. Ivan, Akiak

“My wife and family discussed it and we went for it. We had faith. A lot of people were saying it was too quick for a vaccination to come on board. But those of us who got vaccinated, we are alright. No adverse impact. Once the majority of us have it, we will have protection against COVID-19.

Olga Changsak, Russian Mission

At first, I wasn’t sure about getting the vaccine because it was so new. But then I read about it more and decided to get it. I didn’t want to have to quarantine anymore and I wanted to travel to see my family. I had some side effects. I was super sore and couldn’t lift my arm. I was tired for one day, but then I was fine afterwards. I had COVID before, in October. But I still got vaccinated because I knew it would protect me more than just my own immune system.

Catherine Beebe, Quinhagak

At first, I wasn’t sure about getting the vaccine because it was so new. But then I read about it more and decided to get it. I didn’t want to have to quarantine anymore and I wanted to travel to see my family. I had some side effects. I was super sore and couldn’t lift my arm. I was tired for one day, but then I was fine afterwards. I had COVID before, in October. But I still got vaccinated because I knew it would protect me more than just my own immune system.

Danielle Paul, Kipnuk

I wanted to protect my family and I wanted to protect myself. My whole family got vaccinated, even my grandparents. I wanted us to be protected from the virus.” “Two weeks after our second doses, when we were all fully vaccinated, we got together. It felt so good to be together as a family. Without the shot, there are more risks. If you get the shot, the antibodies will protect you.

Getting more people vaccinated is the key to ending this pandemic. We can all do our part to make this happen.
DELTA VARIANT IDENTIFIED IN YK DELTA

YKHC encourages all residents to get vaccinated

The first case of the highly-transmissible delta variant of the COVID-19 virus was identified in the Yukon-Kuskokwim Delta in late June.

The delta variant, originally identified in India in December 2020, is believed to spread more easily than other strains of COVID-19 that have been found in the YK Delta. Studies suggest it is 50 percent more contagious than the alpha variant, which is 50 percent more contagious than the original, wild-type strain of COVID-19.

The good news is that COVID-19 vaccines have been shown to offer protection against this variant, most notably providing significant protection against hospitalization and death.

About 52 percent of the total population of the YK Delta has received a COVID-19 vaccine. YKHC Chief of Staff Dr. Ellen Hodges says she would like to see that percentage much higher, closer to 70 or 80 percent of the total population. The vaccine is not approved for children under age 12.

“Everyone who is eligible should get vaccinated,” Dr. Hodges said. “If everyone who can get vaccinated does, there will be fewer people in the community who can spread COVID-19. This will protect all of us, including kids under 12 who cannot get the vaccine yet.”

In mid-July, the delta variant became the dominant strain of COVID-19 in the United States. Experts believe it is also the dominant strain in Alaska.

YK Delta residents can sign up themselves and their children for the COVID-19 vaccine online at [https://tinyurl.com/8kb9vth](https://tinyurl.com/8kb9vth) or by calling 800-478-6599. Anyone who has questions about COVID-19 should speak with their healthcare provider or seek out information from reputable sources, such as [www.ykhc.org](http://www.ykhc.org), [www.cdc.gov](http://www.cdc.gov) or [http://dhss.alaska.gov](http://dhss.alaska.gov).

GETTING BACK TO SCHOOL SAFELY

YKHC and school districts are welcoming kids back to full-time, in-person school this fall—and are working together to do it safely.

On July 19, YKHC released new guidance to assist school districts in preventing the spread of COVID-19 in schools. The recommendations are based on guidance from the Centers for Disease Control and Prevention released July 9 and adapted for the YK Delta.

The number one tip for preventing the spread of COVID in schools? Get vaccinated if you are eligible!

“Vaccinations are the key to safer schools,” said YKHC’s Chief of Staff Dr. Ellen Hodges. “When more people in a community are vaccinated, there are fewer people who are likely to spread the virus, which protects our younger kids, who cannot get the vaccine yet. Everyone over age 12 should get vaccinated.”

Since many school-age kids are too young to be vaccinated, the CDC and YKHC recommend schools use multiple strategies to protect people against COVID-19, including masking, social distancing, screening testing, ventilation, handwashing and symptom-free school policies. Each strategy of-

see GUIDANCE, page 10.
SCAVENGING FOR ZOMBIES: All Through August

This year’s Zombie Event will be in the form of a scavenger hunt through Pinky’s Park!

Take a walk or run along the boardwalk and look out for “Spawn of the Dead” signs hidden throughout the park. When you locate a sign, take a picture doing the yoga pose listed and write down the words listed for the word scramble. There are five signs in total. Once you find them all, you can email diabetes_program@ykhc.org with the following information:

• All five pictures of you doing the yoga poses
• The sentence formed by the word scramble related to tobacco
• Your name
• Your mailing address
• What size sweatshirt you would like (we have youth and adult sizes this year!)

If you have any questions about the event, please contact the Diabetes Prevention and Control department at 543-6133 or by email at diabetes_program@ykhc.org

DO YOU WANT TO BRING A ZOMBIE EVENT TO YOUR COMMUNITY?

If you live outside of Bethel but are interested in participating, please reach out to the Diabetes Prevention and Control department and we can work with you to bring the Zombie Event to your community as well!

Contact Diabetes Prevention and Control (DP&C) at diabetes_program@ykhc.org or 543-6133 to request a Zombie Event package. We will send you all of the supplies you need to get an event going in your community! All that you will need to do is find one person to hide the zombie event signs around your community and then let everyone know to go find them throughout the month of August. Participants can email their proof of participation to DP&C to claim a prize!

RECIPE OF THE MONTH: Salmon Fried Rice

Ingredients
• 1 Cup rice (brown is the healthier option)
• 1 Can mixed vegetables
• 1 Tablespoon oil
• 2 Tablespoon soy sauce
• 1 Cup jarred or leftover baked salmon

Preparation:
1. Cook rice according to instructions on packaging
2. In large frying pan heat oil over medium heat
3. While pan is heating up, drain the can of vegetables and wash under water to remove added salt
4. Add vegetables to frying pan
5. Add cooked rice, salmon and soy sauce
6. Continue cooking for 5 – 10 minutes

and heat for 30 minutes
Patients calling the YKHC pharmacy for a refill have the option to speak with a live person or to use the automated system to request their refill.

If a caller wants to speak to a live person, they should press 0 to reach a pharmacy operator. If callers prefer to use the automated system, they will need to know their prescription number and enter it when requested by the system. The prescription number is a 7-digit number located in the bottom left corner of the prescription label, just below the name of the medication.

When callers type in the prescription number, the system will be able to provide immediate feedback about whether or not the prescription can be filled. If the prescription has refills and is ok to fill, the system will let callers know that the prescription is refillable and that the pharmacy staff will get it ready.

If a prescription is too soon to fill, the system will let the caller know how many days they should wait before requesting it again.

If a prescription doesn’t have any more refills or is expired, the system will let the caller know that the pharmacy will contact their provider to get additional refills authorized.

After entering the prescription number and receiving information about whether it can be filled or not, the caller has the ability to say whether they want to pick the prescription up at the pharmacy, or if they want to have it mailed. This information is provided by the caller through the automated system.

If there is any other information about the prescription that the caller wants the pharmacy staff to have, callers have the option to leave a message regarding their prescription.

Other options include: Checking to see if a prescription refill that was already called in is ready to be picked up or not and checking the pharmacy hours.

Pharmacy Notifications

The pharmacy sends out notifications (text or phone calls) to patients when prescriptions are ready to be picked up. If you are not receiving notifications and you would like to, please call the pharmacy at (907) 543-6988 or 1-877-543-6988 to request a change to be made to your profile.

The pharmacy also uses this notification system to send out reminder notifications when prescriptions have not been picked up for over 13 days.

Mailed Medication for Bethel Patients

If you are a Bethel patient and you would like to have your prescription delivered to your post office box, that option is available to you. Simply notify the pharmacy using the automated system or speak with an operator to let them know that you would like your medication to be mailed.

Call the pharmacy for a refill BEFORE you run out

It is very important for our patients to call and request their refills BEFORE they run out. Even if something is “hand carried” as freight on one of the local airlines, there is no guarantee that something will make it to the patient within a day or two.

This makes it very important for people to plan ahead and order their prescription refill before they run out so there is enough time for the medication to arrive. Seven to ten days before you run out will allow enough time for your refill to arrive in most cases.
HEALTHY LIVING

AUGUST IS NATIONAL BREASTFEEDING AWARENESS MONTH

A mother’s breastmilk is the ideal food for babies—a nutritious milk made just for them! It is unique and always changing to meet their baby’s needs. It is clean, safe, warm, and always ready.

Research shows that breastfed babies and breastfeeding mothers have lower risks of certain illnesses and cancers.

Did you know that breastfeeding doesn’t just benefit babies and their mothers? Families and communities are also affected by breastfeeding.

How families benefit

Life can be easier for you when you breastfeed. Breastfeeding may seem like it takes a little more effort than formula feeding at first. But breastfeeding can make your life easier once you and your baby settle into a good routine.

When you breastfeed, there are no bottles and nipples to sterilize. You do not have to buy, measure, and mix formula. And there are no bottles to warm in the middle of the night! When you breastfeed, you can satisfy your baby’s hunger right away.

Not breastfeeding costs money. Formula and feeding supplies can cost well over $1,500 each year. As your baby gets older, he or she will eat more formula. But breastmilk changes with the baby’s needs, and babies usually need the same amount of breastmilk as they get older. Breastfed babies may also be sick less often, which can help keep your baby’s health costs lower.

As breastfeeding becomes more routine, feeding baby can fit easily into family activities, especially when you are out enjoying nature or traveling.

Society benefits when mothers breastfeed

Breastfeeding saves money. Medical costs may be lower for fully breastfed infants than never-breastfed infants. Breastfed infants usually need fewer sick care visits, prescriptions, and hospitalizations.

Breastfeeding also helps make a more productive workforce. Mothers who breastfeed may miss less work to care for sick infants than mothers who feed their infants formula.

Breastfeeding is better for the environment. Formula cans and bottle supplies create more trash and plastic waste. Your milk is a renewable resource that comes packaged and warmed.

Breastfeeding can keep your baby fed and healthy during community emergencies or supply shortages.

CELEBRATE WORLD BREASTFEEDING WEEK WITH THE YKHC WIC PROGRAM AUGUST 2–6.

Email WIC a selfie with you and your baby for a chance to win a drawing for a new Boppy.

Please include a short statement of why you choose to breastfeed.

—Email to WIClist@ykhc.org—

Join YKHC WIC Program for a breastfeeding celebration with moms and their families. This is a chance to thank Moms for their effort and dedication to their babies.

What: Breastfeeding Family Picnic and Celebration – Including yogurt parfait making for the kids using WIC foods!

Who: Families who support breastfeeding or currently breastfeeding

When: Saturday, August 21 from 11 a.m. to 1 p.m.

Where: Owl Park — Tundra Ridge Rd.

Call YKHC WIC program for questions 907-543-6459
BACK TO SCHOOL IMMUNIZATION TIME

With all the attention on COVID-19 vaccination, remember there are other immunizations that children need for returning to school and resisting infection.

August is National Immunization Awareness Month! A healthy start begins with on-time immunizations. Parents are encouraged to make sure their children are up to date on vaccines. Vaccines can protect babies from 14 serious diseases before turning two years old. Children are at an increased risk for disease and can spread disease to others in play groups, child care centers, and classrooms.

Pre-teen and teen vaccines protect against serious and potentially life-threatening diseases including meningitis and cancers caused by human papillomavirus (HPV).

Young adults also need vaccines to stay protected, especially when college-bound, because protection from childhood vaccines can wear off with time. College students may be at increased risk for vaccine-preventable diseases like meningococcal disease.

There are misconceptions that vaccines are just for children, but people never outgrow the need for immunizations. They are recommended throughout life, based on age, lifestyle, occupation, travel and medical conditions. Getting vaccinated according to recommended immunization schedules is one of the most important things a parent can do to protect their children from serious diseases, or an adult can do to stay protected from preventable diseases.

Immunizations and Diabetes

While it is recommended that people of all ages and backgrounds get vaccinated, vaccinations are especially important for individuals living with chronic diseases such as diabetes. The reason for this is that many common preventable infectious diseases have been proven to lead to higher hospitalization rates and more complications in people with chronic diseases than those without. For this reason, the American Diabetes Association recommends that all individuals with diabetes get vaccinated for influenza, pneumococcal, hepatitis B, tetanus, pertussis and shingles.

How to know your vax status?

If you are unsure of your vaccination status you can view your immunization history by accessing your myYKHealth account or by checking with your health aide/provider. If you have any questions regarding vaccinations for people with diabetes, please contact the Diabetes Prevention and Control Department at 534-6133.


 Lodging Scarce for Medical Appointments in Anchorage

YKHC reminds Medicaid patients traveling to Anchorage to arrange housing before arriving in the city.

Several factors, including increased tourism and COVID-related hotel closures, combined to dramatically reduce the number of hotels that accept Medicaid vouchers. This has made it harder for patients to secure lodging. This summer, only two Anchorage hotels are booking Medicaid patients.

If no hotels that will accept Medicaid vouchers are available, patients will need to pay out of pocket for lodging. All patients should travel with money for incidental charges.

ANMC Patient Housing is available only to patients at ANMC or direct referrals from ANMC. Eligible patients must secure reservations in advance, as ANMC housing is typically full and patients without a reservation will be turned away.

YKHC makes every effort to support patients in arranging lodging in Anchorage for medical travel. Local clinics and the Travel Booth in Bethel can provide an up-to-date list of the Medicaid hotels. However, under Medicaid, it is the patient’s responsibility to set up lodging prior to traveling.

Make your trip to Anchorage easier by getting your overnight lodging set up before you arrive!
HEALTH AIDE OF THE MONTH FOR APRIL, 2021:
Charlene Nukusuk, CHP from Hooper Bay

Charlene Nukusuk is an incredible worker. She has been a great health aide over the past years. Charlene is the official face of Hooper Bay Sub-Regional Clinic health aides. She performs all initial needs assessments with patients and followed ups. Charlene is an effective contributor to our department’s success. She enthusiastically took over additional responsibilities as they became available and handled each new role with professionalism.

Charlene goes above and beyond the call of duty. She will go the extra mile with difficult tasks. In the past month, Charlene completed 447 TB tests and reads around the community and at the schools.

She has an unbelievably valuable skill. Patients sometimes have unreasonable demands but Charlene is making them happy while still following company policy. Charlene assists in the lab and performs all radiography for the clinic. She is the “MVP” because she knows every realm of the clinic.

The Hooper Bay SRC appreciate the effort she makes to maintain a positive attitude even when faced with a challenging situation. Please keep up the good work!

GUIDANCE, from p. 5

YKHC recommends schools require masks for all people, regardless of vaccination status, until at least 70% of the total population has been vaccinated and there are no active cases in the community. If a community achieves those metrics, then only unvaccinated people would need to wear masks.

“We appreciate all the work school districts are doing to keep students and staff safe and educate our children,” Dr. Hodges said. “We also are grateful for every community member who has gotten vaccinated. Working together, we will get through this and return to normal.”

NEW CLINIC FOR QUINHAGAK!

YKHC is excited to announce that on June 24 the groundbreaking ceremony for Quinhagak’s new clinic was completed!

This clinic has been a project 15 years in the making and has been on YKHC’s priority list. The clinic is estimated to be completed in the winter of 2022.

Funding of the clinic was made possible through a $2 million grant YKHC received from the IHS’s Ambulatory Program Grant. Thank you to the community of Quinhagak and everyone else who made this clinic possible!

A special thanks to the Health Aides who run the clinic year round. YKHC would also like to thank the community of Quinhagak for joining us for the ceremony and for hosting us for the day!

NEW HOSPITAL/AIRPORT SHUTTLE SCHEDULE

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Shuttle request afterhours or holidays, call YKHC Security at (907) 543-6603

Please note: The shuttle is only for YKHC patient and will NOT make any stops other than the hotels and hospital.
## WHO’S COMING TO A CLINIC NEAR YOU?

The following providers will be bringing healthcare services closer to your home in the coming months. To schedule an appointment time, contact your village health clinic.

Dates are subject to change dependent on weather or other scheduling issues.

### August

<table>
<thead>
<tr>
<th>Dental</th>
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<tbody>
<tr>
<td>St. Mary’s: Jill Calvert TDY Dentist</td>
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<tr>
<td>Hooper Bay: Janette Ulak, DHAT</td>
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<tr>
<td>Russian Mission: Kathrine Levi, DHAT + 1 DA</td>
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<tr>
<td>Hooper Bay: Janette Ulak, DHAT</td>
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<tr>
<td>Holy Cross: Kathrine Levi, DHAT + 1 DA</td>
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<tr>
<td>Kotlik: Bonnie Hunt, DHAT</td>
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<table>
<thead>
<tr>
<th>Family Medicine</th>
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<tbody>
<tr>
<td>Alakanuk: David Gonzales FNP</td>
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<tr>
<th>Physical Therapy</th>
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<tbody>
<tr>
<td>Quinhagak: Jesse Gefroh</td>
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<tr>
<td>Kipnuk: Eliza Caguioa</td>
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<tr>
<td>Aniak: Jesse Gefroh</td>
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<tr>
<td>Upper Kalskag: Jesse Gefroh</td>
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<td>Kotlik: Amy Spatz</td>
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### September

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<tr>
<th>Dental</th>
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<tbody>
<tr>
<td>Hooper Bay: Janette Ulak, DHAT</td>
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<table>
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<tr>
<th>Physical Therapy</th>
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<tbody>
<tr>
<td>Scammon Bay: Erin Abston PA-C</td>
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<thead>
<tr>
<th>Physical Therapy</th>
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<tbody>
<tr>
<td>Toksook Bay: Eliza Caguioa</td>
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<tr>
<td>Marshall: Jesse Gefroh</td>
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<tr>
<td>Hooper Bay: Amy Spatz</td>
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<tr>
<td>St. Mary’s: Eliza Caguioa</td>
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<td>Mountain Village: Eliza Caguioa</td>
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### October

<table>
<thead>
<tr>
<th>Dental</th>
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<tbody>
<tr>
<td>Marshall: Bernadette Charles, DHAT</td>
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<thead>
<tr>
<th>Physical Therapy</th>
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<tbody>
<tr>
<td>Marshall: Renee Cheemuk, DHAT</td>
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<table>
<thead>
<tr>
<th>Physical Therapy</th>
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<tbody>
<tr>
<td>Nunam Iqua: Bonnie Hunt, DHAT</td>
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<tr>
<td>Kotlik: Bonnie Hunt, DHAT</td>
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